

CONNECTING PREGNANCY PROGRAM

GROUP ACTIVITY OR SAS – FAMILY & PARENTING ISSUES

Think about the following questions specifically for you and the family in which you grew up. Encourage your partner (or family member who will most help take care of your baby) to complete one too, and then share your thoughts with each other.

The best thing(s) we did together as a family are(were): _____

The relationship between my parents was (is): _____

The most common form of discipline used by my parents was: _____

The rewards most often used in my family were (are): _____

The person in charge in my family was: _____

My experience with caring for young babies and children is: _____

These are the parts about my own family that I want to **keep** as I raise my children:

These are the parts about my own family that I want to **change** as I raise my own children:
