



604-324-2201

Press 1 for reception/front desk to:

- Book or reschedule an appointment
- Request a letter for work or travel
- General office or administrative inquiries

Press 2 to leave a message on our urgent voicemail line **for medical concerns that cannot wait until your next appointment**, but are **not** an emergency.

- Your call will be returned within 48 hours

Press 3 for **VERY URGENT/EMERGENCY** calls:

This will direct you to the BC Women's Hospital switchboard, which will put you through to the South Community Birth Program care provider on-call.

****The on-call team won't pick up calls from "Unknown Number" or if the caller ID is blocked. Please ensure your number is visible when making a call.**

Such concerns may include, but are not limited to:

- Regular contractions 3-5 minutes apart, or any painful cramps or contractions more than 3 weeks before your due date
- Baby's moving less than usual—fewer than 6 movements in 2 hours after 26 weeks, or if you are otherwise concerned
- Fluid or gushes from your vagina that you don't think is urine or normal discharge
- Heavy red bleeding or clots
- Sudden swelling in the face
- Domestic violence or sexual assault
- Shortness of breath with chest pain
- Blurred vision/dizziness / bad headaches
- Fever more than 100.6°F / 38°C
- Minor or severe motor vehicle accident
- A fall, especially if on your abdomen
- Any urgent concerns about your newborn